

# Luman Communication Modalities

## Direct Communication:

- You may hear the information directly (which We perceive is what the vast majority of you desire). The spirit realm considers this **Direct Communication**.

## Responsive Communication

- You may find yourself taking actions or considering actions that you were not aware of planning ... that you had not been contemplating. The spirit realm considers this **Responsive Communication** as it is in response to a thought you have pondered or a question you have asked 'The Realm' directly.

## Comparative Experience Communication.

- You may find yourself reliving experiences in your mind, particularly highly emotional experiences. The spirit realm considers this **Comparative Experience Communication**. We recommend you contemplate how these memories may relate to a current situation.

## Totally Frustrating Communication

- You may find yourself in a highly emotional state (typically negative) with no reason for it (per you). This is most likely due to your unconscious self-telling your conscious self to "LISTEN". The spirit realm considers this **Totally Frustrating Communication**.

## Any Combination

- Or you may find any combination of these communications forms tailored to your unique journey and experiences.